

# Uwe Jourdain Comes to BC

**R**ed Willow Ranch, located in Lone Butte, BC, welcomes Uwe Jourdain to the ranch for one week June 29 to July 7 for clinic instruction. A European favourite (horse trainer), Red Willow welcomes Uwe to Canada.

During the week, 2-day courses with 8 people will be offered, or single lessons are available for individual teaching. Uwe will start with the basics; first an introduction and get to know who is there, and determining participant's training level with their horse.

Uwe's teaching methods are more about ground work and gymnastics with your horse, building up trust, as well as dominance behaviour. Muscles and body parts of the horse will be discussed in order to understand more about your training and to ensure you are not doing the wrong exercises. Information and study will enable you to go on with the same exercises at home. Not only will you gain hands-on experience, but you will also learn from other members of your group by watching and listening.

## A happy participant comments...

It started on Saturday morning with a "get to know each other" breakfast where we heard about the basics of Uwe's course; what age you can start a horse, what you have to take care of, and not to overwork or wrongly train.

Uwe believes that you should have the knowledge of the horse's body parts first. Then the training can begin. The horse needs preparation with moderate muscling exercises; then to increase as fitness level improves. As in humans, you cannot be a high level sports person from the beginning.



Warming up of the muscles is of most importance; as well to get them relaxed. To achieve

that Uwe showed us how to bend the head, neck and back. Uwe then gave us tips in horsemanship. The Zirsensik flections are influencing confidence and dominance behaviour in the horse. The exercises where the horse has to bend down (works near the ground) are asking for trust and giving up the dominant position; while the work on the pedestal gives the horse confidence; which must be treated carefully, as it can lead for an already dominant horse to be over confident. This showed us that these flections are demanding work, which requires knowledge in horsemanship and anatomy of the horse. Our questions in between the exercises quite often gave reasons for a good laugh.

The afternoon session had single exercises introduced. First exercise is called "Plie" – the horse has to bend his head between his front feet; ideal training for the back, but needs steady training, as it cannot be reached at the first attempt. The description of different exercises goes on in great detail throughout the afternoon.

The Zirsensik is fun, but the exercises should be taken seriously. Ensure that you are doing it correctly and not harming your horse. If you are serious about horsemanship, join the course. It is your money well-invested, even as a spectator. I can recommend Uwe Jourdain as the course lecturer... he is competent, patient, knowledgeable, and best of all it is fun!

See the ad below for contact information.

## NORTH OKANAGAN ACREAGES

### 35 Acre Equestrian Centre - Enderby, BC



Picturesque 35 acres with 24,000 sq. ft. Equestrian Centre w/indoor riding arena, 26 heated

stalls, wash bays and tackroom. Outdoor riding arena. Gorgeous views, lots of water, all that is needed is a home. Property has subdivision possibilities. Listed at \$1,050,000 MLS® 9228199

### 185 Acre Farm - Enderby, BC

Stunning views and complete privacy on this 185 acre farm just minutes from town.



3,000 sq. ft. main residence and 2nd home for farmhand. 8-stall horse barn. Approximately 90 acres in pasture with 40 acres in hay. Property is fenced and x-fenced. Listed at \$980,000 MLS® 9228209

For more info on these and other properties contact:

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## Uwe Jourdain meets Red Willow Ranch



June 29 to July 7, 2010

12 years ago, Uwe Jourdain began his remarkable work with horses. He is famous for his special courses in Germany, Switzerland, Austria, Netherlands and Andalusia, and many have been televised.

The following are the basics of Uwe Jourdain's teaching:

- Horsemanship
- Trust between rider and horse
- Gymnastics for horses
- Sensitization for horses
- Dominance training
- Trailer training
- Understanding your horse

It's always fun to work with horses. It's also very interesting to see how the relationship and communication between you and your horse improves and the work gets easier.

You can bring your own horse or train with one of our horses.

For info or to reserve your spot contact:

Red Willow Ranch  
Watch Lake Road, Lone Butte, B.C.  
250-395-3017 • redwillow@bcinternet.net